

Grocery and equipment list: Treasure hunt minestrone soup

TREASURE HUNT MINESTRONE SOUP – Makes 6 servings

Fridge:

2 carrots
2 cups fresh baby spinach
2 ribs celery
3 medium zucchini
Fresh flat leaf parsley
Freshly grated parmesan cheese (for garnish)
Piece of rind from parmesan cheese (about 2x3 inches)

Pantry:

1/2 cup farro
14 oz (400-gram) can chopped tomatoes with juices
14 oz (400-gram) cannellini beans
6 cups low sodium vegetable broth
Crusty bread of your choice, to serve
Dried basil
Dried oregano
Extra virgin olive oil
Fresh garlic bulb
Freshly ground black pepper
Kosher salt
White or yellow onion

Equipment:

Can opener
Colander
Cutting board
Grater
Knife
Large soup pot or Dutch oven
Measuring cups
Measuring spoons
Spatula or tongs

