

Grocery and equipment list: Treasure hunt minestrone soup

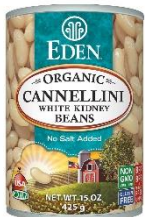
TREASURE HUNT MINISTRONE SOUP – Makes 6 servings

Fridge:

- 2 carrots
- 2 cups fresh baby spinach
- 2 ribs celery
- 3 medium zucchini
- Fresh flat leaf parsley
- Freshly grated parmesan cheese (for garnish)
- Piece of rind from parmesan cheese (about 2x3 inches)

Pantry:

- 1/2 cup farro
- 14 oz (400-gram) can diced tomatoes with juices
- 14 oz (400-gram) cannellini beans (white kidney beans)
- 6 cups low sodium vegetable broth
- Dried basil
- Dried oregano
- Extra virgin olive oil
- Fresh garlic bulb
- Freshly ground black pepper
- Kosher salt
- White or yellow onion



Equipment:

- Can opener
- Colander
- Cutting board
- Grater
- Knife
- Large soup pot or Dutch oven
- Measuring cups
- Measuring spoons
- Spatula or tongs

